



PE Curriculum (Topic) Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Introduction to PE: Unit 1	Gymnastics: Unit 1	Dance: Unit 1	Fundamentals: Unit 1	Ball Skills: Unit 1	Games: Unit 1
	Physical Development: Negotiating space and obstacles safely; demonstrating strength, balance and coordination; moving energetically, including running, jumping, dancing, hopping, skipping, climbing, cycling and scooting					
Year 1	Fundamentals	Ball Skills	Gymnastics	Gymnastics	Fitness	Athletics
	Dance	Dance	Sending and Receiving	Invasion Games	Target Games	Striking and Fielding Games
Year 2	Fundamentals	Ball Skills	Gymnastics	Gymnastics	Fitness	Athletics
	Dance	Dance	Sending and Receiving	Invasion Games	Target Games	Striking and Fielding Games
Year 3	Dance	Dance	Gymnastics	Gymnastics	Tennis	Rounders
	Games: Football	Games: Hockey	Games: Basketball	Games: Rugby	Games: Cricket	Games: Athletics
Year 4	Gymnastics	Gymnastics	Dance	Dance	Swimming	Swimming
	Ball Skills	Games: Netball	Games: Dodgeball	OAA	Fitness	Athletics
Year 5	Gymnastics	Gymnastics	Dance	Dance	Athletics	Athletics
	Games: Hockey	Games: Football	Games: Netball	Games: Tennis	Fitness	Swimming
Year 6	Gymnastics	Gymnastics	Dance	Dance	Volleyball	Games: Rounders
	Games: YSL	Games: Rugby	Games: Basketball	Games: Tennis	Athletics	Cricket